## QuESO Rules of Engagement 6 March 2020

This document is modeled after the "<u>Ground Rules</u>" for CampusPride.org and the <u>PFLAG</u> support group guidelines.

This is intended as a living document; if any member feels they would like to either add or amend a rule they should feel encouraged to reach out to a facilitator or mention it during a group meeting.

- 1) Confidentiality is a top priority. Nothing said in this room will leave this room, nor will people be pressed to share more information than they are comfortable with here or after the meeting.
  - a) This includes mentioning who was in the room with you, as to prevent any member from being outed (and/or misrepresented) in the greater EPS community without their explicit consent.
- 2) Speak from your own experience, and respect the experiences of others.
- 3) Our primary goal is to create a supportive atmosphere for all group participants. As such, please observe the following:
  - a) Take responsibility for your own learning. Occasional questions to group members may be appropriate, but constantly asking fellow queer folk to explain issues/concepts that can easily be researched on your own time is inconsiderate.
  - b) Be open to considering alternative thoughts, ideas, opinions and behaviors.
  - c) Say oops and, or acknowledge when you may unintentionally say something and wish you had not.
  - d) If you are comfortable, say ouch when someone's words or actions may hurt you.
  - e) When having group discussions, please be conscious of the amount of time you speak to allow for all who may want to participate to speak. Consider asking yourself the questions: "Why Am I Still Talking?" and "Have I Said What I Needed to Say?"